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THIRD QUARTER EDITION. 01 JULY - 30 SEPTEMBER 2024

# THE CCH OUTLOOK

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## WARM WINTER AS PICK N PAY DONATES BLANKETS

By Richard Gandari

One of Zimbabwe's leading retailers, Pick n Pay, donated 200 blankets to CCH on 2 July, 2024.

The blankets received by CCH were part of a broader donation made by the retail giant to the Ministry of Health and Child Care at Parirenyatwa Group of Hospitals.

Some of the blankets also went to Sally Mugabe Central Hospital in Harare.

Pick n Pay Makoni Customer Care Manager, Mr Nyasha Mazhiriri, expressed his company's joy in giving back to the community when he handed over the donated blankets at CCH.

"We are very excited to be delivering these blanket donations as TM Pick n Pay at large. Here at Chitungwiza Central Hospital, we have delivered 200 blankets, with more blanket donations going to other hospitals like Kadoma and Kwekwe."

Mr Mazhiriri explained the rationale behind his organization's corporate social investment.

"As TM Pick n Pay we believe in the value of these community engagements. We take pride in giving back to the communities that are the reason for our success as a business. This winter we have seen it fit to bring warmth to patients in our public hospitals. With these blankets, our patients will be comfortable in their wards."

Receiving the blankets, CCH Public Relations Officer, Dr Audrey Tasaranarwo, expressed gratitude for the timely donation.

"On behalf of our hospital and patients, we would like to thank Pick n Pay for their timely donation of brand new blankets. This year's winter has been extremely cold and so these blankets could not have come at a better time. Our hospital continues to thrive from these generous donations made by corporates and other well-wishers. We are truly grateful," Dr Tasaranarwo said.

Public hospitals charge nominal fees and offer free services to minors and the elderly in society.

Donations go a long way in facilitating quality healthcare delivery for the general public.



Nyasha Mazhiriri  
TM Pick n Pay Makoni Customer Care Manager



CCH Public Relations staff and the TM Pick n Pay team interacting during delivery of the donated blankets at the CCH Stores receiving bay.



LOCAL NEWS

STUDENT NURSES EMPOWERED THROUGH SIGN LANGUAGE TRAINING

By Staff Reporter

In a groundbreaking initiative, first-year student nurses at Chitungwiza Central Hospital have received sign language training from Sunrise School of Sign Language. This pioneering program aims to bridge the communication gap between healthcare providers and patients with hearing and speech challenges.

The training, which focuses on improving communication with patients who face barriers in expressing their needs and concerns, will enable student nurses to provide empathetic and effective care, understand patients’ requirements and preferences, and foster a more inclusive and supportive healthcare environment.

CCH Chief Medical Officer, Dr Raphael Makota, hailed the initiative and called for expansion of the training programme.

“The sign language training is important because our students will be able to communicate with patients who have speech and hearing challenges. As a hospital we need to have more sign language training for staff,” said Dr Makota.

This initiative demonstrates CCH’s commitment to inclusivity and patient-centered care, breaking down communication barriers, enhancing patient outcomes, and promoting a culture of understanding and respect.

Harare, Zimbabwe - In a bid to improve maternity services, Chitungwiza Central Hospital recently hosted a Respectful Maternity Care training workshop for its midwives.

The event, held at Women’s University in Africa, aimed to enhance the quality of care provided to expectant mothers.

The workshop, facilitated by experts from the Liverpool School of Tropical Medicine, brought together doctors, midwives, and community representatives.

Interactive methods, including role-plays and lectures, focused on empathetic communication and patient-centered care.

Objectives:

1. Enhance midwives’ skills in providing respectful and compassionate care
2. Address community concerns regarding maternity ward services
3. Promote a culture of empathy and patient-centered care

The training equipped midwives with practical skills to improve patient care, fostered community involvement in healthcare service improvement, and strengthened partnerships between healthcare providers and stakeholders.

One of the training participants, a midwife from CCH, commended the programme.

“The training was eye-opening. We learned the importance of treating patients with dignity



Fun and learning: Student nurses enjoying their highly interactive sign language training session at CCH

The partnership between Sunrise School of Sign Language and CCH’s nursing program marks a significant step towards excellence in healthcare education, shaping the future of nursing care for patients with diverse needs.

CCH Public Relations Officer, Dr Audrey Tasaranarwo also showered praises on the sign language training programme.

“This training will enable our student nurses to provide quality care to patients with hearing and speech challenges, promoting inclusivity and patient-centered care,” said Dr Tasaranarwo.

“The training programme is set to become a regular feature of CCH’s nursing curriculum, empowering future generations of nurses to provide effective care to all patients,” she added.

CCH BOOSTS MATERNITY CARE WITH RESPECTFUL MATERNITY CARE TRAINING

By Dr Audrey Tasaranarwo



Facilitators and participants of the training workshop posing for a group photo

and respect. We’re committed to making a positive change in our maternity ward,” said the midwife.

This initiative demonstrates Chitungwiza Central Hospital’s dedication to providing quality maternal healthcare, contributing to better health outcomes for mothers and newborns in the community.

The Respectful Maternity Care training workshop is a collaborative effort between Chitungwiza Central Hospital and Women’s University, showcasing a commitment to improving maternal healthcare services.

The meeting was attended by 30 midwives, 3 doctors and 5 community representatives drawn from Chitungwiza and Harare.

Chitungwiza Central Hospital will continue to prioritize patient-centered care, ensuring that expectant mothers receive dignified and compassionate care.



## LOCAL NEWS

## SECOND QUARTER STAKEHOLDERS MEETING HELD AT CCH

By Richard Gandari

Chitungwiza Central Hospital hosted a successful stakeholders meeting on 11 July, 2024.

The meeting was held in the main staff dining hall adjacent to the hospital's kitchen.

A total of 55 stakeholders from various organizations, including Mufudzi Wakanaka, Zvandiri, ZANU PF, NCPD, ZRP, YPNSRH, WARD, and Chitungwiza community members attended the meeting.

Speaking on behalf of the Chief Medical Officer, Dr Jonah Kasule, Acting Clinical Director, welcomed guests and emphasized the importance of stakeholder meetings in enhancing communication between the hospital and the community.

Dr Kasule reiterated the hospital's open-door policy saying: "Our offices are open for you all to visit with queries or suggestions. I must thank you, our stakeholders, for your donations and contributions. However, we continue to face a myriad of challenges such as limited space, manpower shortages, and general lack of funding."

Dr Kasule highlighted the hospital's recent achievements, citing the introduction of neurosurgery, and efforts to curb corruption.

Addressing the same meeting on behalf of the Director of Operations, CCH Executive Administrator, Mr Bright Mupindu, reported on the hospital's achievements since the last stakeholders meeting.

Said Mr Mupindu: "I'm happy to announce that CCH has achieved a lot since we last met. These include renovation of the Private Ward; donation of two ambulances by Passion Java Ministries and Lily Java Foundation; and receipt of a 65-seater bus from MoHCC for staff transportation. We also have ongoing projects which include borehole drilling to address water shortages; construction of a mortuary ablution facility; car park construction and installation of benches in the garden area."

After presentations from hospital management, CCH Public Relations Officer, Dr Audrey Tasaranarwo opened the floor for stakeholders to air their views.

Community development advocate, Cde Munyaradzi Chizola from ZANU-PF commended the overall services offered at the hospital and implored the hospital management to prioritize the acquisition of CT Scan and ECG machines.

"We are in dire need of specialized machinery at our referral hospital so that we can get all the medical care we need here. Accessing the CT scan and ECG machines outside the public hospital is very costly and beyond the reach of many," said Cde Chizola.

He also urged the hospital to expedite the creation of an Annex Ward for TB patients.

In response, Dr Kasule outlined the efforts being made by the hospital to acquire CT Scan and ECG machines, as well as the construction of the TB Annex Ward.



*Dr J. Kasule (left) presenting his keynote address during the stakeholders meeting*



*Stakeholders from different walks of life attended the interactive meeting*

Memory S. Mukwiza, Secretary of Young People's Network on Sexual Reproductive Health, HIV and AIDS (YPNSRHHA) complained about the lack of a youth-friendly corner at the hospital.

In response, the CCH Principal Nursing Officer, Mrs D. Chairuka said youth-friendly services are offered at the hospital's Out-Patients Department.

Chitungwiza Community Health Advocate, Mai Gwinyai, raised concern about some doctors publicly attending to patients along queues, violating their privacy.

In response Dr Kasule said the hospital management will urgently address the issue.

Mai Gwinyai also complained about recurrent congestion in the Casualty area.

Dr Kasule pledged that management will act to mitigate the issue.

In general, stakeholders made suggestions

for a Drug Rehabilitation Centre for Youths; auctioning old ambulances and cars to support the hospital's needs; providing recreational areas to motivate staff; engaging the corporate world to fund projects; and other fundraising projects.

Marking the end of the constructive question-and-answer segment, Dr Tasaranarwo announced plans to celebrate the hospital's 40th Anniversary and invited stakeholders to attend as well as exhibit their products.

Giving her closing remarks, the Principal Nursing Officer, Mrs D. Chairuka appreciated all stakeholders who attended the meeting.

Afterwards, Food and drinks were offered in abundance, thanks to the generous sponsorship provided by Mr Charles Chasakara, the Community Liaison Officer at the University of Zimbabwe - Clinical Trials Research Centre (UZ-CTRC).



LOCAL NEWS

CCH EXCELS AT ZIMBABWE AGRICULTURAL SHOW 2024

By Killian Mafuzha

HARARE, ZIMBABWE - Chitungwiza Central Hospital (CCH) made a lasting impression at the Zimbabwe Agricultural Show (ZAS) 2024, held from August 26 to 31, under the auspices of the Ministry of Health and Child Care.

The hospital’s participation showcased its dedication to community outreach and healthcare promotion.

Sister Ivy Ngwerume, a mental health nurse and CCH representative, expressed joy for participation and praised her team members.

“We were honored to be part of this event. Our team worked tirelessly to provide top-notch healthcare services to attendees,” she said.

Outpatient Clinic Success

The hospital operated a bustling outpatient clinic at the event, sharing a cubicle with OPHID, a non-governmental organization.

Key statistics:

- Total patients seen: 542 (236 males, 306 females)
- Patients treated: 46
- VVIP referrals: 1

High-Profile Visits

The CCH stand welcomed highly esteemed visitors, top among them:

The First Lady, Her Excellency Dr Amai Auxillia Mnangagwa, who engaged with nurses to gain more insights on medical services offered.

Deputy Minister of Health and Child Care, Hon. Cde Sleiman Timios Kwidini.

Permanent Secretary for Ministry of Health and Child Care, Dr Aspect Maunganidze, who underwent a Blood Pressure check and glucose test, demonstrating the hospital’s commitment to healthcare promotion.

Ministry of Health and Child Care Excellence

The Ministry’s exhibition was deemed a success by Mr Donald Mujiri, Ministry of Health and Child Care Public Relations Officer.

He praised the exhibition teams for raising the Ministry’s banner high.

“We are proud of our teams’ dedication and commitment to healthcare promotion,” said Mr Mujiri. Our exhibition this year has been a major success,” Mr Mujiri declared.

Award Recognition

The Zimbabwe Agricultural Show awarded the Ministry of Health and Child Care second place in the health category, a testament to the hospital’s exceptional efforts.



MoHCC Permanent Secretary, Dr Aspect Maunganidze getting his BP and glucose test during the Show. Sister Ivy Ngwerume (RGN;SRMHN) conducts the tests while N-I-C Norbert Jaka (with cap) observes.



Grateful: Dr Maunganidze thanks the exhibiting team for their excellent service



## STAFF NEWS

## CCH STAFF ADHERE TO FIRST FRIDAY CLEAN-UPS

By Richard Gandari

*Staff from different departments and senior executives have supported clean-up days over the years.*

CCH staff members continue to religiously adhere to the clean-up activities held in and around the hospital premises every first Friday of each month.

The initiative was inspired by the President, His Excellency Cde Dr E.D. Mnangagwa, right from the beginning of the Second Republic in 2018.

Zimbabweans from all walks of life are encouraged to clean their homes, work spaces and general environment during the highly respected national undertaking.

In support of the President's vision, CCH departments have taken turns to keep their hospital environment clean and hygienic.

Supported by the Hospital Management and coordinated by the Public Relations Department, the monthly clean-ups have become an exciting fixture that participating staff eagerly look forward to.

Resources provided for the clean-ups include protective apparel, brooms and mops, cleaning agents, sanitizers, and refreshments for the cleaners.

The clean-ups' universal appeal has seen students on attachment, regular staff, heads of departments, and senior members of Hospital Management, such as the Acting-Clinical Director, Dr J. Kasule taking part.

During one of the clean-ups held on Friday 16 August, CCH Public Relations Officer, Dr Audrey Tasaranarwo, spoke to *The CCH Outlook* extolling the programme, and reiterated the hospital's commitment towards the national initiative.

"Our hospital environment requires cleanliness at all times. While we have dedicated cleaners everyday, these special clean-up days give us all a chance to share in the great responsibility of keeping our work environment clean. We have adopted this national clean-up day to be part of our hospital hygiene culture," Dr Tasaranarwo revealed.

She also extended gratitude to CCH staff. "I'm grateful for the staff who participate in these clean-ups and the material support we get from our Hospital Management. Let us preserve the value of this day," Dr Tasaranarwo said.

For the hospital staff, the clean-ups provide the dual benefits of maintaining a clean working environment and team-building through interpersonal interactions.





STAFF NEWS

REHABILITATION DEPARTMENT COMMEMORATES WORLD CLUBFOOT DAY

By Nigel T. Kambuyi

CCH Rehabilitation Department held a belated commemoration of World Clubfoot Day on 24 July 2024.

The day is recognized worldwide every June 3rd, to celebrate the birthday and remarkable work of Dr Ignacio Ponseti, the developer of the Ponseti method for treating clubfoot deformity.

The goal of World Clubfoot Day is to raise awareness about clubfoot deformity and its prevention using the Ponseti method, a non-surgical treatment that includes gentle manipulation of the deformed feet followed by casting and temporary bracing.

CCH Rehabilitation Head of Department, Mrs Shumba, expressed gratitude for the unlimited support given to her department by internal and external stakeholders.

“I acknowledge PRO for handling grievances and supporting us. I appreciate parents and caregivers for their adherence to treatments as well as their gratitude. I appreciate the CMO, management and Ministry of Health and Child Care for unwavering support, especially for resources we use. I also appreciate and thank Rehab staff and doctors for being there for the patients.”

She added that as a department they celebrate the World Clubfoot Day annually and this year they were running under the theme, “Brace for Success.”

Presenting a keynote speech during the occasion, Medical Rehabilitation Technician, Mr Godwell Gurure emphasized the importance of public awareness that clubfoot is a treatable deformity.

“This day is an important step in furthering global awareness that clubfoot is a treatable deformity and supports Dr. Ponseti’s belief that every child born with clubfoot is entitled to treatment using a low-cost, non-surgical approach,” Mr Gurure said.

The commemoration day at CCH had 30 attendees, including parents and staff members, who came to grace the event with happiness and positive energy.

Mai Tanaka, a parent, gave a heartfelt testimony on how her child was helped and treated by CCH staff, to overcome clubfoot deformity.

“I want to thank God for all the good work being done here. After giving birth to my child, I discovered she had a deformity, but I didn’t know it was clubfoot. I was worried about how I would raise her in that state, not knowing it was treatable. After someone referred me here, the staff explained and helped me understand that it was treatable. They comforted me, and I felt at home. The department treated my daughter, and now everything is okay. I just want to thank you; my child is doing fine,” narrated Mai Tanaka emotionally.

She capped her testimony with a verse from Ecclesiastes chapter 3, reminding the audience that everything has its time, including time for healing.

CCH started using the Ponseti method for treating clubfoot in 2014, which saw at least a thousand children getting treatment over the past decade.

Parents in attendance celebrated with joyful singing.

CCH Public Relations Officer, Dr Tasaranarwo, also graced the event.



CCH Rehabilitation H.O.D. Mrs Shumba



Members of CCH Rehabilitation Department



CCH Rehabilitation Technician Godwell Gurure explaining how braces work as PRO Dr Tasaranarwo and Assistant PRO Mr Mafuzha listen attentively



Mothers of children that have been treated or are still receiving care at CCH enjoyed a hearty meal, sharing stories of determination and healing



## STAFF NEWS

## MARGOLIS RESORT OUTING FOR CCH QUALITY AWARD WINNERS

By Richard Gandari

Winners of the 5S Kaizen Quality Awards announced on 31 May, 2024 were treated to an unforgettable outing at the Stephen Margolis Resort as part of their prizes.

Organized by the CCH Quality Management Department, the fun-filled excursion was held in the afternoon on Friday 19 July, 2024.

The principal winners, CCH HR Department, were accompanied by the Registry Department as well as individual winners.

The individual winners included Midwife of the Year, Sister-in-Charge of the Year and Nurse Aide of the Year.

Food was served on arrival and little time was spent on formalities.

For a fleeting moment a Public Relations representative served as the Master of Ceremony and invited members of CCH Management to give the shortest speeches in the history of events.

CCH Executive Administrator, Mr Mupindu hailed the winners and hinted on bigger events as far afield as Victoria Falls for future winners.

Finance Director, Mr Matiya, pledged his department's unwavering support for such outings and other forms of staff motivation.

CCH Quality Management Officer, Anopa, announced the end of formalities and released the winners to enjoy the great outdoor activities that Margolis Resort is famous for.

The winners needed no encouragement as they frolicked like free spirits, unchained from work and home.

Winning quality awards has its perks.



*Rewind to 31 May, 2024: CCH HR Department getting the first prize for 5S Kaizen Quality Awards*



*Fast forward to 19 July, 2024: The Quality Awards winners enjoying themselves at Margolis Resort*

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Scan to visit our website



*The great outdoors: The CCH Quality winners having loads of fun. Seeing is believing but you had to be there to feel it.*





COMMUNITY NEWS

# CCH OFFERS CAREER GUIDANCE AT SEKE 5 HIGH SCHOOL

By Killian Mafuzha

Chitungwiza Central Hospital (CCH) made a significant impact at the Seke High 5 school career guidance day, held on Friday, September 13, 2024.

The event, organized by the school management and Chitungwiza publicity, brought together various business organizations, hospitals, universities, colleges, and government departments to inspire and guide learners in their future careers.

Guest of Honour, DSI Dr Kujeke, encouraged learners to pursue their education and choose the right career path.

The 3rd runner-up to the Miss Universe beauty pageant also graced the occasion, adding a touch of glamour to the event.

CCH Public Relations Department and School of Nursing Department represented the hospital, providing learners with valuable information about career paths in the health field and trainings offered at the hospital.

The team took turns presenting to learners, who were also issued pamphlets with necessary information to choose careers in the health field.

In addition, free vital observations checks were provided to teachers and exhibitors, demonstrating



CCH Public Relations staff conducting career guidance sessions at Seke 5 High School in Chitungwiza.

the hospital's commitment to community health.

A total of 242 learners were attended to.

This is not the first time CCH has participated in career guidance programs.

The hospital has made a noticeable footprint in community impact and public health, having participated in several such programs in both private and government schools in Chitungwiza.

As CCH turns 40 this year on December 24, it continues to conduct free dental and medical outreaches in Chitungwiza as part of its anniversary commemorations.

Dr Tasaranarwo, CCH Public Relations Officer, promised to work with the Ministry of Primary and Secondary Education in career guidance programs, activities and events.

"We are committed to inspiring and guiding future healthcare professionals," she said.

# CAREER GUIDANCE EVENT INSPIRES YOUNG MINDS AT SEKE 6 PRIMARY

By Killian Mafuzha

Seke 6 Primary School recently hosted a successful career guidance event, led by Mrs Rafen, a senior laboratory technician from Chitungwiza Central Hospital.

The event aimed to expose students to various career options and inspire them to make informed decisions about their future.

Mrs Rafen was accompanied by students from the laboratory and Public Relations departments, who shared their experiences and insights with the students.

The event drew stakeholders from diverse fields, including education, the Zimbabwe Republic Police (ZRP), and non-governmental organizations (NGOs), who provided valuable information and advice.

The students engaged enthusiastically with the presenters, asking questions and seeking guidance on their career aspirations.

The event provided a platform for students to explore different career paths and make informed decisions about their future.

Mrs Rafen emphasized the importance of career guidance, stating, "It's essential to inspire and guide young minds to make informed decisions about their future."

We want to empower them to pursue their passions and make a positive impact in their communities."

The event was a resounding success, with students



File photo: Primary school students during a role-play themed career guidance day in Chitungwiza.

and stakeholders praising the initiative.

Notably, students wore uniforms representing their desired professions, with many opting for lab coats, scrubs, and uniforms symbolizing careers in medicine, law, and the military.

One student remarked: "I never knew there were so many career options available. This event has inspired me to work hard and pursue my dreams."

The career guidance event at Seke 6 Primary School serves as a model for other schools to follow, highlighting the importance of empowering young minds to shape their future.

CCH values students as they represent future employees for labor-intensive public healthcare.

To advertise in THE CCH OUTLOOK quartely newsletters, get in touch with the Public Relations Office on these contacts:  
Mobile: 0774 120 811 ; Email: pr@cch.org.zw



## COMMUNITY NEWS

## CCH ROLLS OUT FREE MEDICAL OUTREACH IN CHITUNGWIZA

By Nigel T. Kambuyi

Chitungwiza Central Hospital recently rolled out a free dental and medical outreach programme around community centers in Chitungwiza.

Venues included Makoni, Jambanja, Chigovanyika Shopping Centers, Chikwanha Vegetable Market and Zengeza 2 Shopping Centre.

The programme provided essential healthcare services to over 500 community members.

Organized by CCH Public Relations Officer Dr Tasaranarwo and Health Promotion Officer Miss Emily Zinyandu, in conjunction with Family Support Trust, the outreach aimed to bring quality healthcare directly to communities around Chitungwiza.

Services included BP checks, glucose tests, dental examinations, ear screenings, speech therapy, HIV testing, counseling, and health education.

Participants also received informative pamphlets on health promotion.

Community members expressed gratitude for the hospital's efforts.

Mrs Maria Moyo, a resident of Chitungwiza expressed her gratitude for the initiative.

"We appreciate the hospital's willingness to bring services closer to us. The doctors and nurses were very helpful and explained everything clearly," said Mrs Moyo.

Dr Chiteka, a dentist at the hospital, echoed Mrs Moyo's sentiments.

"The community has welcomed this move, and we are grateful for the support. We are committed to providing quality healthcare services to the people of Chitungwiza," said Dr Chiteka.

Recently equipped with state-of-the-art dental equipment and medication, Chitungwiza Central Hospital reaffirms its commitment to quality healthcare.

Dr Chimedza, Head of the Dental Department hinted on plans to replicate the outreach model in other areas, ensuring that everyone has access to quality healthcare.

Mrs Madzivana, a beneficiary of the outreach, expressed her gratitude after undergoing ear screening procedures.

"I had ear problems and could hardly hear voices, but after the audiologist's procedure, I can hear clearly now," Mrs Madzivana revealed.

This initiative demonstrates Chitungwiza Central Hospital's dedication to community healthcare and its mission to provide accessible, quality services to communities at grassroots level.

Its timing is also auspicious as Chitungwiza Central Hospital prepares to mark 40 years of dedicated service since launching on 24 December 1984.



*Community members from different walks of life thronged the CCH outreach held at Chikwanha Shopping Center on 17 September, 2024.*



*RGN and Assistant Public Relations Officer, Mr Killian Mafuzha providing healthcare services to an airtime vendor during the CCH outreach held at Zengeza 2 Shopping Centre on 19 September, 2024.*



*CCH Audiologist, providing healthcare services to an elderly lady during the CCH outreach held in the Zimbabwe Old People's Association hall at Jambanja - Chirenje Shopping Center on 11 September, 2024.*



LOCAL NEWS

# Higherlife Foundation Donates Medical Sundries to CCH

By Richard Gandari

Higherlife Foundation donated an assortment of surgical components and hospital equipment to CCH on 17 July, 2024.

The generous donation included ultrasound gel used in scans for expecting mothers, blood sugar testing kits and much-needed drip stands.

Presenting the donation, Higherlife Head Health Executive, Mr Sarathiel Chaipa expressed his organization’s desire to render assistance for the benefit of Zimbabwe’s health sector.

“We are glad to make these kinds of donations to hospitals for the benefit of patients. To date we have rendered practical assistance to various health institutions around the country. Nothing gives us more joy than giving,” said Mr Chaipa.

CCH, Public Relations Officer, Dr Audrey Tasaranarwo welcomed the timely donation and thanked members of Higherlife Foundation for their generosity.

“We appreciate the generous donation made by Higherlife Foundation. Our hospital thrives from such assistance driven by kindness,” said Dr Tasaranarwo.

“We are so grateful,” she added.



Mr Chaipa (second from right) hands over donations to CCH Public Relations staff

Higherlife Foundation is a Zimbabwean non-profit organization founded in 1996 by philanthropic businessman, Mr Strive Masiyiwa and his wife Mrs Tsitsi Masiyiwa.

Its mission is to invest in Africa’s future by empowering vulnerable children and youth, through education and healthcare initiatives, with a particular focus on low-income communities.

# FRUIT DONATION BRINGS JOY TO HOSPITAL PATIENTS

By Nigel T. Kambuyi

In a heartwarming display of community spirit, Seventh Day Adventist Dema Main church donated a large quantity of fresh fruits to patients at CCH on 31 July, 2024.

The generous donation brought smiles to the faces of patients on treatment and highlighted the importance of kindness in healthcare, as the church delivered fruits and prayers, ministering to both physical and spiritual needs of the patients.

In an interview with *The CCH Outlook*, The former treasurer and deaconess head of Dema Main church, Mrs Chironga explained the reasons why they donated fruits to the hospital, and shared their main objectives as a church denomination.

“If you are a Christian it should be seen through good works, by being good to others just like Christ. You cannot be a Christian if you don’t help others, so for us we take this seriously as we help not only hospitals but in our communities, jails and schools,” said Mrs Chironga.

“So we identify the areas that need help as a church, then we plan as women and make contributions in order to move forward in line with our objectives of assisting people,” she added

Another church representative, Aunty Mowart expressed how the church cherishes the opportunity to donate and fellowship at the hospital.

“We are happy to have this opportunity as Dema main church, everything went well. We felt at home, thank you Chitungwiza Central Hospital for the hospitality,” said Aunty Mowart.

The fruit donation also had a profound impact on the patients, as it gave hope that the church cares for them.

Speaking with *The CCH Outlook*, Mrs Marota,

a patient, expressed how grateful she felt on behalf of other patients.

“We are thankful for this kind gesture. It is a reminder that there are still good people out there who care about patients in hospitals,” Mrs Marota said.

It was all smiles throughout the wards where the fruits were donated.

Chitungwiza Central Hospital’s Public Relations Officer Dr A. Tasaranarwo expressed gratitude for the donation, noting that it would help boost the patients’ morale, confidence and aid in their recovery.

“We are thankful for this kind gesture, which will undoubtedly make a difference in the lives of our patients,” Dr Tasaranarwo said.



CCH PR Officer Dr Tasaranarwo (right) assisting SDA church ladies to distribute the donated fruits



## LOCAL NEWS

## INTERDENOMINATIONAL CHRISTIAN FELLOWSHIPS UNITE IN CCH DONATION

By Richard Gandari

In a marvelous show of oneness, a massive conglomerate of women's Christian fellowships converged at Chitungwiza Central Hospital to jointly donate various items on 24 July, 2024.

Among the myriad of items donated were clothes, diapers, toiletries and fruits earmarked for mothers with children in pediatric wards.

Christian denominations are often seen as divided along different church doctrines and customs.

The unity of purpose shown by the women who came together at CCH is a sign that different denominations can find each other for the greater good of society.

The size of their combined donation spoke volumes of the cumulative benefits that can accrue when believers stand on common ground.

How good and pleasant it was to see, Christian mothers and sisters united in charity.

From embracing each other to posing for photos together, the interdenominational donation was a rare sight to behold.

The biggest winners were the mothers with children admitted in pediatric wards.

CCH Public Relations Officer, Dr Audrey Tasaranarwo, expressed gratitude for the generous donation received.

"This is a huge donation with a difference. It's not everyday that one gets to see this unusual kind of unity among different denominations for a special cause like this," said Dr Tasaranarwo.

She commended the manner in which Christian fellowships pulled off the great feat.

"What we are seeing here today must have started with efforts to coordinate the event. It shows that Christian churches are connected and communicate with each other on various levels. May God bless the women who led in this show of unity. Beneficiaries of this massive donation are going to be happy as they take possession of what has been given to them from blessed hands," Dr Tasaranarwo averred.

The Christian donors toured the Pediatric Wards where they handed some of their donations directly to the intended beneficiaries.

July was a great month for CCH.



*Dr Tasaranarwo (center) receiving a cake as part of the big donation.*



*Women Christian fellowships from different churches united in charity.*

## CHRIST EMBASSY HATFIELD DONATES READING MATERIALS AT CCH

By Richard Gandari

Members of Christ Embassy Hatfield Branch donated reading materials at Chitungwiza Central Hospital on 10 July, 2024.

Led by Sister Jane Kalunga, the team from Christ Embassy donated their flagship daily devotional, *Rhapsody of Realities* and the transformative *Healing of Nations* magazine.

In an impromptu interview with *The CCH Outlook*, Sister Jane defined her team's mission at CCH and other institutions their influential publications reach.

"Our primary mission is to bring healing to the patients through our spiritual literature. People admitted in hospitals are confined to their wards and miss out on sermons and healing sessions out there so we bring such spiritual facilities to their hands by distributing our books, free of charge," said Sister Jane, a gentle Christian lady with a warm heart and ready smile.

Sister Jane further explained how their daily devotional inspires the reading of holy scriptures to bring physical and spiritual healing.

"As people read their *Rhapsody of Realities* they come across many scriptures from the Holy Bible. Many encounter their healing from reading powerful scriptures which speak healing into their lives. In the book of Joshua 1 verse 8, it is written that we should meditate on the word of God, day and night in order to be prosperous and successful," explained Sister Jane.

She also explained that the free distribution of books is also coupled with prayers for willing patients.

"We also take time to pray with willing patients as we go about distributing our books. Some receive salvation that way," she said.

Asked about the rationale behind free distribution of high quality publications, Sister Jane explained how the scheme is funded by church members and funding partners through pledges.



*File photo: Dr Tasaranarwo (L) and Ruth Kalunga (R) giving books to a mother*

"Our church foots the production bill and we carry out these free distributions so that the books can benefit the people from all walks of life at no cost," revealed Sister Jane.

CCH Public Relations Officer, Dr Tasaranarwo thanked Christ Embassy church members for their constant donations at the hospital.

"This is not the first time Christ Embassy has generously donated to our hospital. They donated TV screens dotted around the hospital for the benefit of staff and patients. There are times when healing sessions conducted by Christ Embassy founding leader, Pastor Chris, are shown via the TVs his church donated here," she stated.



## LOCAL NEWS

## CCH PUBLIC RELATIONS OFFICE ESTABLISHES A CHARITY PURSE

By Richard Gandari

CCH Public Relations Officer, Dr Tasaranarwo and her department staff have established a charity purse to assist hospital visitors in dire straits.

Using voluntary contributions raised at the end of their daily devotions, Dr Tasaranarwo and her PR staff have managed to raise a small sum, from which they do acts of charity based on urgent need.

While government assists vulnerable members of society through the Social Welfare Department, some cases require immediate assistance especially when young children are involved.

As hunger ravages through communities due to the El-Nino-induced drought this year, many people have fallen on hard times.

The situation is even worse on unemployed mothers with young children.

This is the case with *Mai Two* (real name withheld), whose plight touched the hearts of PR staff to the extent of giving her short-to-medium-term assistance.

Although *Mai Two* is able-bodied and capable of working with her hands, caring for her toddler and another minor has made it hard for her to make ends meet.

The lucky beneficiary of PRO's benevolence first came to CCH with her toddler in distress due to malnutrition.

Drugs and a meal plan were prescribed but the mother could barely afford anything.

Public Relations stepped in and saved the day.

Rachel, a Social Work Student and PR intern, went as far afield as Chigovanyika to purchase the requisite drugs using funds from the PR charity purse, while Dr Tasaranarwo coordinated contributions towards food and other basics for the mother and children.



*Dr Tasaranarwo (right), Kwekwe General Hospital PRO, Mrs Gwatidzo (left), Mai Two (center) & Rachel*

Thus began the rapport between the PR Office and the affable *Mai Two*.

Thanking her staff for their timely intervention, Dr Tasaranarwo stressed the importance of helping the needy.

"Thank you all for helping this mother and her children. Some people are in difficult situations due to various factors so we should try to help without prejudice. We are each brother's and sister's keepers. We do not have much and certainly cannot assist in all needy cases but we shall continue to do our best," said Dr Tasaranarwo.

She also revealed plans for a home visit and invited suggestions for long-term ways of aiding the single mother, *Mai Two*, to earn a living for herself and her children.

Meanwhile, members of the SDA Church who caught wind of the PR charity purse commended the initiative and pledged support.

For Dr Tasaranarwo and her staff, such support is a timely intervention as more resources are needed to strengthen the PR charity purse.

As For *Mai Two* and her children, the future looks bright.

*Find a reason to smile everyday...*



*CCH Chief Medical Officer, Dr Raphael Makota cutting the surprise cake he received from Executive Staff in a belated celebration for his appointment as the substantive CMO. Dr Makota received his appointment on 5 June, 2024 but declined any major celebrations owing to his unfathomable humility and desire to prioritize service delivery.*



*Student Nurse B. Kwidi smiles during a break at the CCH School of Nursing.  
Photo credit: Nigel T. Kambuyi*