

THE CCH OUTLOOK

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GOVERNMENT APPOINTS NEW CMO FOR CCH

By Richard Gandari

The Ministry of Health and Child Care recently appointed the Acting-Chief Medical Officer, Dr Raphael Makota as the substantive Chief Medical Officer for Chitungwiza Central Hospital, with effect from 5 June, 2024.

Officially announcing the appointment in a letter, Permanent Secretary for the Ministry of Health and Child Care, Dr Aspect J.V. Maunganidze, congratulated MR Makota on his elevation.

"On behalf of the Ministry of Health and Child Care management and team, I congratulate you on your appointment and would like to assure you of support in the execution of your mandate," wrote Dr Maunganidze.

Dr Makota took over as Acting-CMO upon the demise of Dr Michael Chiwanga who had served as CMO from September 2022 to September 2023.

Among his notable achievements as a gifted Orthopaedic Surgeon, Dr Makota who joined CCH in 2015, is hailed for a successful hip replacement procedure which he carried out in 20**.

News of the appointment was received with joy and gladness by the management and staff at CCH.

They registered their happiness for Dr Makota's elevation in a congratulatory message issued by the Public Relations Officer.

"Chitungwiza Central Hospital management and staff wish to extend their hearty congratulations to Dr Raphael Makota on his appointment as the substantive Chief Medical Officer for Chitungwiza Central Hospital," wrote Dr Audrey Tasaranarwo, CCH Public Relations Officer.

She expressed great optimism regarding the much deserved promotion.

"The appointment sets this great health institution on a new trajectory of growth and diversity that the hospital will capitalize from Dr Makota.

"CCH management, staff and stakeholders join his family in marking this major and important stride in his career path.

"We wish Dr Makota success in achieving all his aspirations. May God continue to bless, guide and bring fruit to his gifted hands.

"Congratulations, Makorokoto, Amhlophe!"



CCH CMO Dr Raphael Makota
MBChB DA MMed Surgery (Zim) FCS Ortho (ECSA)

SDA FELLOWSHIP GUILDS CONTINUE TO STAND WITH CCH

By Richard Gandari

Seventh Day Adventist (SDA) fellowship guilds have been consistent in making donations to CCH for the benefit of the hospital and patients.

In early April this year, the Adventist Men Organization (AMO) dispatched a team of volunteers who slashed grass and cleaned up various sections around the hospital premises.

The AMO team also visited their fellow men in the Male Ward where they donated toiletries and some money to different beneficiaries.

After the men's charitable contributions, multiple groups from the SDA Dorcas ladies fellowship visited the hospital bearing gifts earmarked for mothers and children in the pediatric wards.

Elegantly dressed in their distinctive green uniforms, Dorcas ladies brought hope and smiles to their grateful beneficiaries.

Their donations ranged from baby diapers, milk formula, to soap, petroleum jelly and towels.

In an interview with CCH Outlook, two leaders from the Dorcas Fellowship Guild Mai Chapeyama and Mai Chibowere explained the rationale behind their charitable deeds.



CCH Principal Nursing Officer Mrs D. Chairuka (in blue) receives donations from SDA ladies.

Mrs Chapeyama said: "We do this in keeping with clear instructions left to us by our Lord and Saviour, Jesus Christ. He said that when we go out to do works of charity, we do such works for his benefit. We are therefore duty bound to serve our Lord through restoring hope among the patients at this hospital."

Mai Chibowere concurred and further explained her guild's determination despite low harvests owing to the El-Nino-induced drought.

"We do not make our donations out of surplus but we give from the little that we have, trusting in God's providence," Mai Chibowere said.

[Continued on Page 2]

LOCAL NEWS

MoHCC HOLDS CUSTOMER CARE WORKSHOP AT CCH

By Nigel T. Kambuyi

A customer Care Service workshop facilitated by the Ministry of Health and Child Care representatives was held at Chitungwiza Central Hospital on 6 April 2024, aiming to improve all the functioning departments of the institution.

Addressing participants, Ministry representative, Mr Talent Mapweza, said it is important to practice customer care to create a good reputation of the institution and build trust, while empowering patients.

“The workshop is done twice annually, which creates a good environment for institutional members to grow and equip themselves with good ethics when handling the public,” he said.

Mrs Mafiosi another workshop facilitator, also presented during the workshop. She said: “A customer is the most important visitor on our premises; he or she is not an interruption to our work,”

In her presentation, she intoned that the Ministry of Health and Child Care has the assurance that it will form strong links with the community at all levels in the delivery of appropriate health

services in acceptable ways through enhancing health care providers via workshops.

“We have the potential to make this happen,” said the facilitator.

Another presenter Mr Chirume provided key statistics underscoring the importance of good customer care.

Mr Chirume said: “According to a research conducted by the Ministry of Health and Child Care on customer interactions, an average dissatisfied patient tells 25 others about a negative experience and for every patient that complains, 20 other dissatisfied patients do not complain.

Hence 90% of those that do not complain will not return; thus it costs 10 times more to attract new patients than it does to retain current ones.”

CCH Public Relations Officer, Dr Audrey Tasaranarwo applauded the Ministry of Health and Child Care for allowing Chitungwiza Central Hospital to be the first health facility to host the workshop this year.

“The workshop has positively impact for all concerned,” she reckoned.

[FROM PAGE1]

“Our mission is to give the Lord’s assurance that no one is going to starve even if there is a drought,” Mai Chibowere emphasized.

Mai Princess a mother with a child admitted in the Pediatric Ward was elated.

“Ndanzwa kufara nekubatsira kwavaita nemoyo yavo. Ndinoti naizvozvo ngavarambe vaine moyo yakanaka kudaro (I’m happy for the help they have given me wholeheartedly. I urge them to maintain such kind hearts),” said Mai Princess.

Acknowledging the contributions made by the SDA’s AMO and Dorcas fellowship guilds, CCH Public Relations Officer, Dr Audrey Tasaranarwo praised the selfless role played by the church in uplifting patient morale at the hospital.

“We have lost count of the number of times the SDA church has reached out with donations earmarked for our patients,” Dr Tasaranarwo revealed.

“We are also thankful for the work they did in cleaning up our premises,” she added.

Dr Tasaranarwo accompanied multiple teams of Dorcas ladies to the wards where they distributed their donations among patients and prayed with them.



Dr Tasaranarwo (far right) poses with Dorcas ladies after visiting the wards



Workshop facilitator Mr Talent Mapweza stressing a point during his presentation



Members of AMO visiting and donating toiletries in the men’s ward



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LOCAL NEWS

International World Hand Washing Day Commemorated at SMCH

By Killian Mafuzha

Harare, Zimbabwe - On 3 May, 2024, Sally Mugabe Central Hospital (SMCH) hosted the International World Hand Washing Day commemoration, a day marked annually on May 5th but observed earlier this year due to it falling on a Sunday.

The event aimed to promote hand washing and hand hygiene among healthcare workers, patients, and the general public.

"The government and the Ministry of Health and Child Care (MoHCC) are committed to promoting hand washing and hand hygiene to all healthcare workers, patients, and citizens," said Dr Hove, Harare Provincial Medical Director and guest of honor.

"This commemoration is in line with our goal to provide quality healthcare services to all Zimbabweans," he stressed.

He emphasized the need for Water, Sanitation, and Hygiene (WASH) programmes to be strengthened for improved infection prevention and control (IPC) in healthcare facilities.

Dr Hove said: "Programme areas such as WASH in Maternal and Child Health, Sexual Reproductive Health, and general patient care areas require strengthening to enhance prevention of Healthcare Associated infections of highly infectious Infections such as Cholera, Typhoid, COVID-19 among others.

"To improve water, sanitation, and hygiene (WASH) in healthcare facilities, the government of Zimbabwe has partnered with UNICEF and its implementing partners Action Centre Lafaim, Medical Corps amongst other stakeholders to conduct refurbishment of WASH facilities to ensure supply of clean water in order to improve implementation of hand hygiene."

Dr Hove advised the public saying: "Wash your hands regularly, especially after sneezing, using the toilet, cooking, cleaning animals, greeting people, and when hands are dirty. Wash your hands regularly, as it is a simple yet effective way to prevent the spread of infections. Let us work together to promote hand hygiene and provide quality healthcare services to all."

The event was sponsored by the MoHCC and its



Healthcare practitioners from various public and private hospitals attended the event at SMCH

partners, including Doves, WHO, ICAZ, and others.

Mrs Miriam Mangeya, IPC Manager in the Ministry of Health and Child Care, emphasized the importance of hand hygiene among healthcare workers.

"Healthcare workers should practice hand hygiene to prevent the spread of infection to patients and vice versa," Mrs Mangeya said.

"The Objectives of WHO World Hand Hygiene 2024 are to strengthen learning approaches to enable implementation of innovative and effective training to empower health and care workers to improve hand hygiene and IPC at point of care with enhanced knowledge, skills and behaviors," said Mrs Mangeya.

She pointed to the theme for the 2024 WASH programme: "Why is sharing knowledge about hand hygiene still so important?"

"Raise awareness on healthcare workers to perform hand hygiene," Mrs Mangeya emphasized.

"COVID-19 reminded all of us that Infection Control is the backbone of pandemic management.

"It reminded us of the need to strengthen IPC Programmes such as hand hygiene to fight serious, fast-spreading pandemics," Mrs Mangeya averred.

Sally Mugabe Central Hospital's Acting-Chief

Medical Officer, Mr Mungani, advised people to avoid greeting each other with handshakes, as it can spread infections.

"Let us avoid greeting each other using handshakes, as it spreads infection," he said.

The event was attended by representatives from Chitungwiza Central Hospital's IPC team, led by Sister-in-Charge Tendai Mahureva, as well as Parirenyatwa Group of Hospitals and a number of private hospitals.

A hand washing competition was held, and Miss Emily Zinyandu, the Health Promotion Officer (HPO) of Chitungwiza Central Hospital, emerged among the winners and walked away with a hand washing hamper.

The commemorations featured music, poems, and dance performances by nursing students, adding a vibrant atmosphere to the event.

Sally Mugabe's Acting-Principal Nursing Officer, Mr Makore, expressed gratitude to all participants and noted that this was the first time the hospital had hosted hand washing commemorations.

As the world commemorated International World Hand Washing Day, Sally Mugabe Central Hospital's event set an exemplary standard for promoting hand hygiene practices in Zimbabwe.



Dr I. Hove
Harare Provincial Medical Director



Miss Emily Zinyandu
CCH Health Promotion Officer

GRADUATION 2024

TRIUMPHANT RETURN OF GRADUATION AT CCH

By Richard Gandari

Chitungwiza Central Hospital held its 21st graduation ceremony on 31 May, 2024 after a four-year hiatus induced by Covid-19 restrictions.

A combined total of 820 graduands, among them, Clinical Officers, Midwives, Registered General Nurses and State Certified Medical Technicians, graduated amid pomp and fanfare.

It was a momentous occasion attended by the Deputy Minister of Health and Child Care, Honorable Cde Sleiman Timios Kwidini as the guest of honour. Speaking at the occasion, Honourable Kwidini stressed the need for health professionals to avoid resorting to strikes and avail themselves for duty even when faced with remuneration or work related challenges.

"I urge you all to remain committed to this noble profession. The nation depends on you," Honorable Kwidini said.

The much awaited graduation ceremony was well attended by dignitaries who included the Health Ministry Deputy Director Nursing Services, Dr L. Dodzo, Harare's Provincial Medical Director, Dr I. Hove and Commissioners from the Health Services Commission. Chief Seke also graced the occasion.

Hundreds of invited guests accompanying graduands turned up.

Chitungwiza Central Hospital Chief Medical Officer, Dr Raphael Makota, expressed his confidence in the graduands.

"Our nurses, midwives, clinical officers and medical lab technicians, have undergone rigorous training to equip them with the relevant skills, knowledge and attitudes, preparing them to competently deliver quality health care towards attainment of the universal health coverage," Dr Makota remarked.

See more details about the Ceremony in the CCH Outlook Graduation Supplement via the link below:

<https://drive.google.com/file/d/1clcpwPYs6VmlQOdD8FeVbbbE-VnH8ckY/view?usp=sharing>



*Honorable Cde Sleiman Timios Kwidini
Deputy Minister of Health & Child Care*

CCH GRADUATION IN PICTURES:



FOR MORE PHOTOS AND DETAILS ABOUT THE CEREMONY, DOWNLOAD THE CCH GRADUATION SUPPLEMENT:

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GRADUATION 2024: WINNER'S PROFILE

SISTER-IN-CHARGE OF THE YEAR AWARD

By Nigel T. Kambuyi

Sister Emelda Nyamakura, a dedicated and visionary leader has been recognized for her outstanding contributions to Chitungwiza Central Hospital with the prestigious Sister-in-Charge of the Year Award.

This esteemed honor, bestowed on her during the CCH 21st Graduation Ceremony, is a testament to her unwavering commitment, tireless efforts, and remarkable achievements in her career.

With a career spanning over 12 years, Sister Nyamakura has consistently demonstrated exceptional leadership, guiding her team with wisdom, empathy, and a passion for excellence.

Born in Highfields, Sister Nyamakura was raised in a family that values compassion and education.

These values have been the foundation of her remarkable journey, shaping her into the extra-ordinary individual she is today.

After completing her studies she transferred from Mutoko Hospital as a junior sister to Chitungwiza Central Hospital.

In an interview with The CCH Outlook, she narrated her personal and professional history.

She said: "I started working here at CCH in Ward 2 and then worked in the OPD department. Then I proceeded to be a consultant nurse and later on in Intensive Unit Care from 2006 and promoted as a Sister-in-Charge in 2012 so from there I have been working in the Out Patients Department."

Sister Nyamakura's accomplishments are a result

of dedication and unrelenting pursuit of excellence.

Some of her notable achievements include the establishment of a family planning clinic and a mental health clinic.

The Sister-in-Charge of the year award is a distinguished honor that recognizes exceptional individuals who have made significant contributions to the hospital.

Sister Nyamakura was chosen from a pool of esteemed nominees, and her selection is a testament to her dedication.

Speaking about the award, Sister Nyamakura was elated.

"I'm so humbled and grateful, it's a blessing to me," she said.

"I owe it to my dedicated subordinates; it could not have been possible without them," she added, as she applauded her colleagues.

Asked about her approach to leadership, Sister Nyamakura did not mince her words.

"I'm a frank and straightforward person; I stand for what is right," she said.

"I have faced many challenges but perseverance and determination have enabled me to overcome obstacles and achieve the intended goals," Sister Nyamakura explained.

"The values have shaped my approach to leadership and life," she added.

Sister Nyamakura's award is a celebration of her remarkable achievements, but also serves as a reminder of the impact one person can have when



S.I.C. Emelda Nyamakura: Winner of the 2024 CCH Sister-in-Charge of the Year Award

driven by passion, compassion and a commitment to excellence.

Her story is a testament to the power of the human spirit.

As a role model and inspiration for many, Sister Nyamakura continues to be a beacon of excellence and leadership, leaving a lasting legacy that will inspire generations to come.



Sister Nyamakura receiving her award from the Guest of Honor, Hon. Cde S.T. Kwidini (Right) during the graduation ceremony on 31 May, 2024

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GRADUATION 2024: WINNER’S PROFILE

MIDWIFE OF THE YEAR AWARD

By Nigel T. Kambuyi

Sister Kudzai Magorimbo, a distinguished midwife was honored with the esteemed Midwife of the Year Award during the CCH 21st Graduation Ceremony held of 31 May, 2024.

The prestigious recognition celebrates the outstanding contributions made by midwives to maternal healthcare, ensuring safety and well-being of mothers and their newborns.

Born in Mufakose, Harare, Kudzai Magorimbo trained and attained a Registered General Nurse and Midwifery certificate in 2005 and started working at Chitungwiza central Hospital in 2008.

As a midwife, she has exemplified the qualities of a visionary practitioner in her specialized field.

Her character has not only been useful in handling patients but also fostered a deep sense of intellectual curiosity and a lifelong passion among her peers.

During an interview with The CCH Outlook, she explained how she manages to work with her colleagues and how to solve conflicts within her department.

Sister Magorimbo said: “We talk through things, and I prefer to sit down and discuss in order to resolve issues if there is a problem. I always encourage my colleagues to be vigilant and follow procedures properly. Also, if you are friendly to the

patients, they reveal many things about themselves, which helps you to understand and know how to give them the best service.”

She expressed her gratitude to the leadership of Chitungwiza Central Hospital.

“I’m feeling much honored because as I know we are all hard workers here so it is a great honor that I was chosen as the best,” said Sister Magorimbo.

With over 15 years of working experience in midwifery, Sister Magorimbo has established herself as an important figure in the maternal department at CCH.

Her journey has been marked by a steadfast commitment to delivering personalized care, instilling confidence, and ensuring the well-being of patients under her care.

Her extensive knowledge and skill have earned her the respect of her peers and the gratitude of the families she has served.

Sister Magorimbo is an inspiration to her colleagues, and her influence extends beyond the hospital walls.

She has mentored numerous students and junior midwives, sharing her expertise and nurturing the next generation of maternal healthcare professionals. Her leadership and vision have created a ripple effect, improving the quality of care for countless women and families.



Sister Kudzai Magorimbo

Sister Magorimbo’s award is a celebration of her remarkable work and it also serves as reminder of the impact that one person can have when driven by professional passion.

As a role model she continues to be a leading light, serving as inspiration for other midwives.



Sister Kudzai Magorimbo receiving her Best Midwife of the Year award from the Guest of Honor, Deputy Minmister Sleiman T. Kwidini, during the 21st Graduation Ceremony held at Chitungwiza Central Hospital on 31 May, 2024.

GRADUATION 2024: WINNER'S PROFILE

NURSE AIDE OF THE YEAR AWARD

By Nigel T. Kambuyi

Sister Rudo Sosera, a highly respected and skilled nurse aide, received the Nurse Aide of the Year Award during the 21st Graduation Ceremony held at CCH on 31 May, 2024.

This prestigious recognition celebrates her commitment to delivering exceptional patient care and her contributions to the hospital.

Aged 53, Sister Sosera has consistently demonstrated a passion for her work, going above and beyond to ensure her patients receive the highest quality care.

In an interview with The CCH Outlook, she expressed how excited she is pertaining the award she won.

Sister Rudo said: "I am honored by this award but all I know is that I have patients at heart. I want to thank my Matron and all the leaders at CCH, for helping me to achieve this. *Dai Mwari vawedzera makore ekushanda zvakanaka pachipatara nevamwe kusvika ndaretire*, (may God increase my years of working well with others at this hospital till I retire.)"

The Nurse Aide Award is a well-deserved recognition of Sister Sosera's outstanding contribution to the hospital.

Despite this notable achievement, Sister Sosera remains humble and grounded.

Her focus remains fixed on continuing to provide the best possible care for her patients, and is quick to acknowledge the support of her colleagues and the trust placed in her by patients.



All smiles: Sister Rudo Sosera (center) receives her award from Hon. Deputy Minister S.T. Kwidini

As Sister Sosera continues to serve with grace and compassion, her legacy will undoubtedly inspire generations to come.

Her selflessness and generosity of spirit have made an indelible mark at the hospital and her impact will be felt for years to come.

One patient who wishes to remain anonymous, shared a heartfelt testimonial about Sister Sosera's exceptional care.

"She is more than just a nurse aide, she was like a mother to me. She went above and beyond to ensure my comfort and wellbeing, and I will forever be grateful," said the patient.

Sister Sosera has spent years honing her skills, perfecting her craft and touching hearts along the way.

Sister Sosera's exemplary service and commitment to patient centered care have earned her the esteemed title of Nurse Aide of the Year.

As a paragon of exceptional care, Sister Sosera continues to make a remarkable impact on the lives of patients and their families, embodying the highest standards of healthcare excellence.

Her achievement is a remarkable testament.

The CCH Outlook
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Hon. Deputy Minister shares a light moment with the award-winning Nurse Aide of the Year, Sister Rudo Sosera

STAFF NEWS

LONG-SERVING LAB HAND RETIRES AFTER 42 YEARS OF SERVICE

By Richard Gandari

Shepherd Bembere, a veteran Medical Laboratory Hand at CCH since 1984, called it a day on his 65th birthday and retired from his job.

His CCH Laboratory colleagues threw him a surprise farewell party on 17 April, 2024.

The party doubled as Mr Bembere’s birthday celebration.

Medical Laboratory Head of Department, Chief Medical Laboratory Scientist Mrs A. Nehowa gave welcome remarks and showered praises on her department’s stalwart member.

Mrs Nehowa said: “We are celebrating Mr Bembere’s years of service. He has given 42 years of service to the Ministry of Health and Child Care. We are so grateful for his loyalty and dedication to duty. We are proud of his work ethic. No disciplinary hearing throughout his career. He managed to raise his family and sent his children to school.”

CCH Human Resources Manager, Mr Bvurire, described Mr Bembere as a humble man who was approachable.

“According to our human resources records he maintained a clean slate throughout his employment at CCH. We never saw him in our office for any disciplinary matters. Not even once,” declared Mr Bvurire.

Mr Taderera, Deputy HOD in the laboratory, also spoke glowingly of his reliable colleague.

“I met him in 2010 when I joined CCH. We never quarreled about anything. He was very thorough in his work and diligently kept our fridges with

adequate media for the laboratory. He was strict about smartness and personal hygiene. He was a true professional and inspired us. Farewell dear friend,” said Mr Taderera.

Mai Shoko, another colleague in the Laboratory, praised Mr Bembere and said his void would be hard to fill. She also confirmed that he was serious about smartness.

Pastor James, a department colleague also spoke highly of his workmate.

“Mr Bembere taught us the best work ethic ever. Time keeping is something he instilled into us,” said Pastor James.

Students who honed their skills under his fatherly scaffolding praised Mr Bembere for setting very high standards.

Mr Bembere emotionally thanked his colleagues for supporting his career and found their gesture of throwing him a farewell party very humbling.

“I have come so far to reach this day. I dedicated myself to this hospital and worked with so many colleagues. I managed to empower my children and they in turn have uplifted me in my life. I have modern amenities at my rural home and will be comfortable in my retirement. I maintained the lab with all my heart and embraced it as my full-time job. You have all sacrificed to contribute something to host this party for me. I am humbled,” he said, before breaking into tears of joy.

His best friend Mr Rukuni praised Mr Bembere and recounted how he made life easier for him when he got his first job at CCH.

“I was a bundle of shivers as a newcomer when I



Mr Shepherd Bembere

first joined this big hospital. It was a chance meeting with Bembere on my way to work early in the morning that saved me from further distress. He held me by hand and eased me into the routine of working here. I owe so much to my good friend Bembere,” said Mr Rukuni.

“I will miss him so much,” he added.

Chitungwiza Central Hospital, which celebrates 40 years of service this year, has undergone several phases of transformation.

Dedicated employees like Mr Shepherd Bembere have seen it all.

SENIOR NURSING OFFICER 2 RETIRES AFTER 35 YEARS OF SELFLESS SERVICE

By Killian Mafuzha

Deputy Matron Clarah Demarema, a dedicated and compassionate senior nursing officer at Chitungwiza Central Hospital bid a fond farewell to her colleagues and retired on 6 May, 2024, after 35 years of selfless service.

Deputy Matron Demarema’s remarkable journey in the nursing profession began in July 1982, when she qualified as a nurse.

She started her career at Mutoko Hospital in September 1987, where she worked until December 1988.

She then joined Chitungwiza Central Hospital in January 1989, where she spent the next 35 years serving with distinction.

Throughout her illustrious career, Deputy Matron Demarema has held various positions, including Sister-in-Charge (1987), Senior Nursing Officer Grade 3 (2003), and Senior Nursing Officer Grade 2 (January 2022).

She has worked in various departments, including Labour Ward, Ante Natal Clinic, Post

Natal Ward, Caesarian Section, General Wards, and Pediatric Wards.

In 1990, she was appointed Night Superintendent, a position she held with great dedication.

Deputy Matron Demarema’s commitment to continuous learning and professional development is evident in the numerous workshops and courses she has attended.

These include a 4-week Family Planning course at the Zimbabwe National Family Council (ZNFPC) in 1992, as well as workshops on breast feeding, palliative care, performance appraisal, health assessment, and many more.

To celebrate her remarkable career and bid her farewell, the Nursing Department hosted a surprise farewell party at her home on 26 April, 2024, a testament to the high esteem in which she is held by her colleagues.

Deputy Matron Demarema’s dedication, compassion, and selflessness have made a significant impact on the lives of countless



Deputy Matron Clarah Demarema

patients and colleagues.

Her legacy will continue to inspire and motivate future generations of nurses and healthcare professionals.

We wish her a happy and well-deserved retirement.

STAFF NEWS

SENIOR NURSING OFFICER 3 PROMOTED TO DEPUTY MATRON

By Dr A. Tasaranarwo

We are delighted to announce the promotion of Ms Idah Marowa to Deputy Matron (Senior Nursing Grade 2), effective 24 June 2024.

Ms Marowa has dedicated her career to Chitungwiza Central Hospital since 1993, progressing from Junior Sister to Sister-in-Charge and Senior Nursing Officer Grade Three.

Her exceptional leadership skills and ability to work under pressure have made her an invaluable asset to the hospital.

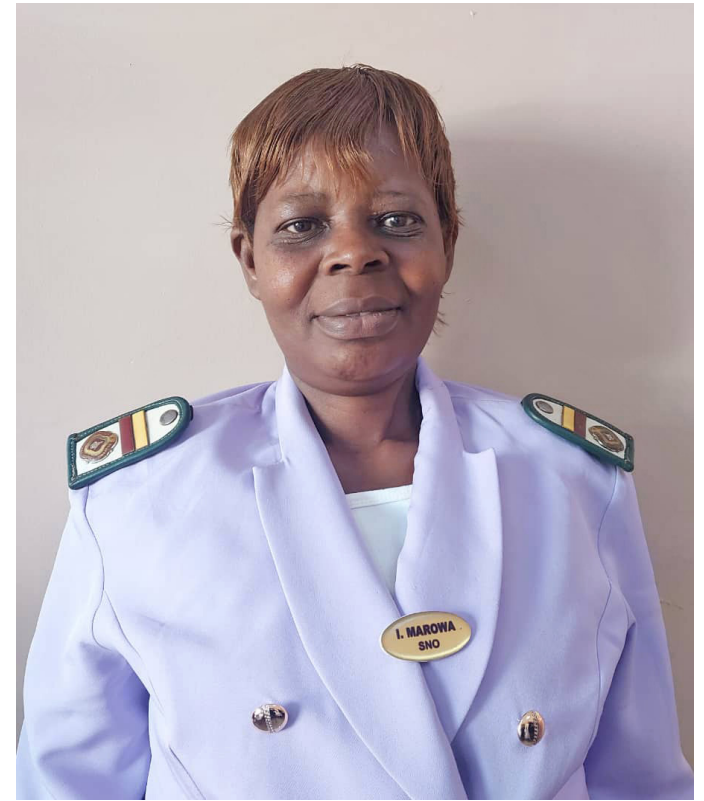
With a wealth of experience in the nursing field, Ms Marowa holds a Certificate in

General Nursing (1993, Parirenyatwa Group of Hospitals), a Diploma in Midwifery (2002, Chitungwiza Central Hospital School of Midwifery), and a Diploma in Nursing Administration (2006), Parirenyatwa Hospital Post Basic School).

The hospital management and staff extend their warmest congratulations to Ms Marowa on her well-deserved promotion.

Her hard work, excellent relationships with the health team, and dedication to patient care have earned her this recognition.

Please join us in celebrating Ms Marowa's achievement and wishing her continued success in her new role.



Deputy Matron Idah Marowa

TWO EMPLOYEES PROMOTED TO NURSE AIDES AT CCH

By Dr A. Tasaranarwo

Two dedicated employees, Rumbidzai Chirinda and Rebecca Rukweza, have been promoted to take up nurse aide positions at Chitungwiza Central Hospital.

Rumbidzai Chirinda, a former security guard, was promoted to nurse aide after completing her training with the Red Cross Society in 2023.

She joined the hospital in 2020 and has been working towards this milestone.

Born in 1988, Rumbidzai is a single mother of one and enjoys reading and writing in her free time.

Her message to colleagues is: "If you have the opportunity, upgrade yourself - the sky is the limit."

Rebecca Rukweza, who joined CCH from West End Clinic, was promoted to nurse aide effective July 1, 2024.

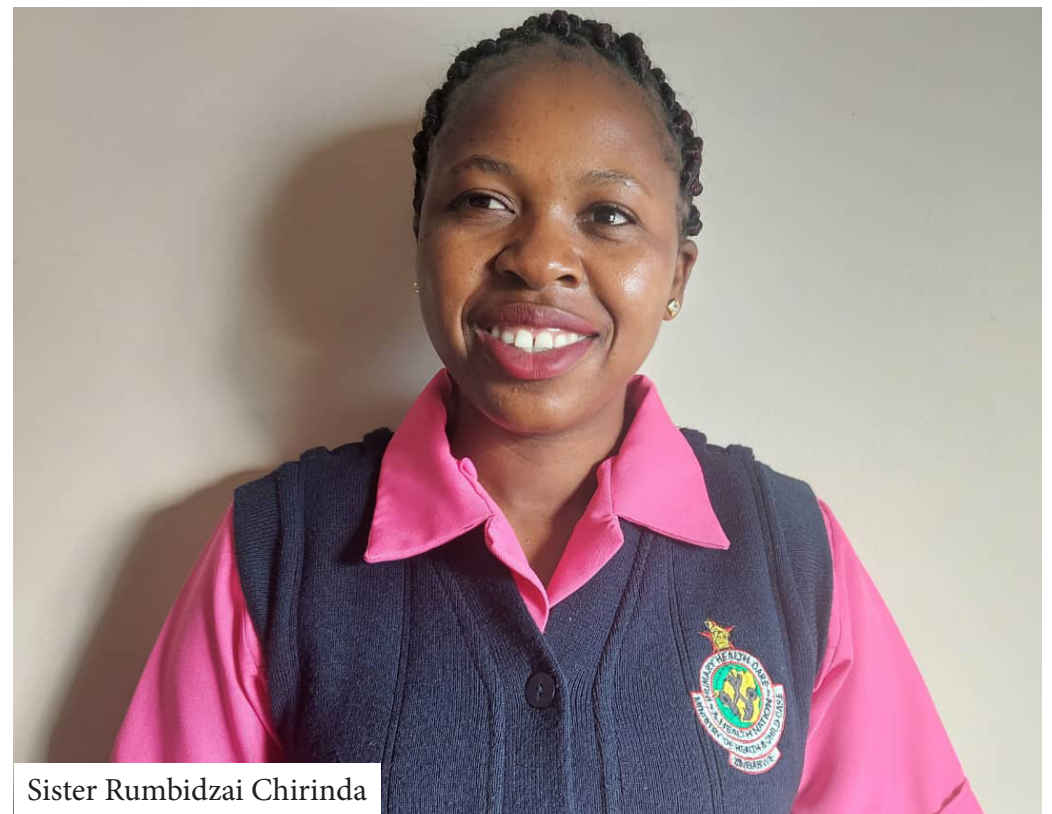
She completed her nurse aide training at St Johns in 2013 and has since gained experience in various wards, including maternity, female medical, casualty, and observation.

Rebecca, a mother of 3, is married to Jonathan Gwechekeweche.

Her message to colleagues is: "Work hard and practice good customer care to patients and staff."

She was trained in customer care by Dr Nkosi of CIRCMA in 2022.

Congratulations to both Rumbidzai and Rebecca on their well-deserved promotions!



Sister Rumbidzai Chirinda



Sister Rebecca Rukweza

LOCAL NEWS

GIDEONS INTERNATIONAL DONATES BIBLES AT CCH

By Nigel T. Kambuyi

Gideons International, donated Bibles to staff, patients and general members of the public at Chitungwiza Central Hospital on the 26th of June 2024.

The nonprofit, inter-denominational Christian organization is dedicated to spreading the Gospel through the distribution of Bibles and other Scripture materials.

Founded in 1899, the organization with offices in 15 National Association countries, is named after the biblical figure Gideon, who was a mighty warrior for God.

In an interview with *The CCH Outlook*, Mrs Maria Masibango, one of the representatives of Gideon International, explained that their main objective is to let the whole world know the word of God by making sure that everyone has a Bible.

Mrs Masibango said: "I understand that at hospitals, there are many people, particularly patients, who might find comfort in reading the Holy Bible. We distribute these Bibles to various recipients free of charge. In schools, we donate to students from Grade 4 up to Form 2. Gideon International also supplies Bibles to prisons, police camps, army barracks and many other places."

CCH Public Relations Officer, Dr Audrey Tasaranarwo, expressed gratitude for the donation as it catered for spiritual needs, often overlooked by other well-wishers.

"We are happy with the donation of the Holy Bibles from Gideons International because they consistently come to fill the gap in our spiritual growth by giving us the word of God.

"We hope our relationship with the Organization continues to exist, as many donors tend to focus on other needs like food and clothes, leaving our spiritual needs unfulfilled," said Dr Tasaranarwo.

Many patients also applauded the donation of the Bibles.

Mai Miriam Makutya, a patient in the Labor Ward, expressed her excitement as she received a small, white Bible.

"This is amazing, I'm a Christian but it has been days without reading the Bible such that I had missed the word of God." Mai Makutya said.

Staff members at CCH who received the Bible donations were overjoyed by the donation.

Most Zimbabweans read the Bible as they identify as Christians.



Gideons representatives distributing Bibles at CCH



CCH PRO Dr A. Tasaranarwo & PR Intern Ashe



LOCAL NEWS

ISLAND HOSPICE DONATES DOLLS FOR KIDS AT CCH

By Richard Gandari

Eminent charitable organization, Island Hospice, made a generous donation of dolls earmarked for children in pediatric wards at CCH on June, 2024.

Island Hospice and Healthcare (Island) was established in 1979 as the first hospice in Africa.

It was founded by Maureen Butterfield after the death of her daughter.

Island provides home-based palliative care for those with life-threatening illnesses and their families, as well as comprehensive bereavement services.

Island has offices in Harare, Bulawayo, Mutare, and Marondera.

Island also works with a network of carers in Goromonzi, Greater Harare, Chitungwiza, Norton, Mutoko, Zvishavane, and Gwanda.

CCH Public Relations Officer, Dr A. Tasaranarwo, who received the donation on behalf of the hospital expressed gratitude.

“We are grateful for the donation of dolls that will cheer up the children we admit in the pediatric wards of our hospital,” said Dr Tasaranarwo.



Island Hospice also donated surgicals received by the Principal Nursing Officer, Mrs D. Chairuka (far right)



CCH PRO Dr A. Tasaranarwo (second from right) receives the dolls donated by Island Hospice

INTERNATIONAL DAY OF THE MIDWIFE COMMEMORATED ACROSS THE WORLD

By Nigel T. Kambuyi

The International Day of the Midwife is commemorated on the 5th of May annually celebrating the role of midwives across the world, recognizing the importance of educating them, training, regulating and licensing midwives to improve quality of care and to reduce maternal and newborn mortality.

A press statement released on the 3rd of May, 2024 by the WHO European Regional Collaborating Centre states that the World Health Organization is raising levels of midwifery education in the Region, creating evidence based knowledge on midwifery and influencing national policies that will lead to the provision of high quality, accessible, equitable, efficient and sensitive health workers.

“Midwifery is a vital solution to the challenges of providing high-quality maternal and newborn care for all women and newborn infants, in all countries,” says Maggie Langins, Technical Officer at WHO/Europe.

“But midwives must be well-trained, properly supported, and the profession fully regulated,” she added.

Mrs Langins further explained that the Cardiff Collaborating Centre is the only one University which is solely dedicated to midwifery and works with the World Health Organization to build capacity in countries to strengthen the education and training of future midwives from Europe and further afield.

She added, “We know that midwives, when supported with the right education, can support 80% of births.”

Director of the Collaborating Centre for Midwifery Development, Grace Thomas, said that midwives are also the first to respond if there are obstetric and neonatal emergencies.

She further explained that it is possible because the Cardiff Collaborating Centre’s, student midwives work

towards a Bachelor of Midwifery Honours degree, and an integral aspect of this comprehensive programme involves equipping them to handle emergencies concerning both mothers and newborns.

“First, students must understand the normal physiological processes for labour, birth, and the postpartum period, so they can clearly identify when there is a deviation. That is key to education, If you don’t know the normal you can’t know when something is wrong,” Grace added.

She said that the curriculum is meticulously crafted based on the latest evidence, and learning is facilitated through simulation exercises, this is paired with practical training alongside seasoned midwives across various practice settings, ranging from home births to hospital deliveries under close mentorship and guidance, giving students the ability develop the skills needed to become qualified midwives.

“During emergencies, it doesn’t mean our work stops, babies will continue to be born and expectant mothers will continue to need care, no matter the circumstances.”

“In all situations the midwife is there, we are the first to step in and the last to leave in times of trouble,” stresses Grace.

“The unique truth in midwifery is that every woman giving birth is vulnerable and must be treated with compassion, dignity and respect Students are given the opportunity to work directly with qualified midwives in emergency situations to gain critical hands-on experience.” she concluded

Midwifery education and practice varies significantly within the Region straddling 53 Member States across Europe and central Asia due to differences in health-care systems, cultural contexts, and resource availability.

By involving Collaborating Centres, such as the one

in Cardiff, in cross-country efforts related to midwifery policy, governments, regulators, educational institutions, and health-care facilities can obtain valuable insights.

This approach ensures a holistic focus on midwifery education, practice, regulation, and workforce development.

“Exchanging knowledge allows countries to learn from each other’s successes, leading to the identification of strategies that can be adapted and implemented to improve the capacity of educators, decision-makers and midwifery leaders to improve midwifery care,” says Langins.

The World Health Organization applauds the member states who are commemorating the International Day of the Midwife.



Midwives play a central role in the provision of adequate maternal healthcare in Zimbabwe

LOCAL NEWS

ST LUKE JEMEDZA HIGH SCHOOL PUPILS VISIT CCH ON EDUCATIONAL TOUR

By Dr Audrey Tasaranarwo

On June 28, 2024, Form 3 to 6 science pupils from St Luke Jemedza High School visited Chitungwiza Central Hospital on an educational tour.

The trip, organized by the school administration and teachers, aimed to familiarize students with the hospital environment and provide career guidance.

The annual visit, which began in 2016, allows students to explore various departments, including Radiology, Laboratory, and the School of Nursing. This year, students learned about X-rays, medical technology, and career options in the medical field.

Career Guidance and Inspiration

The tour provided an opportunity for students to make informed decisions about their future careers.

With career guidance, pupils can develop skills to achieve their goals confidently.

The science teacher expressed gratitude to the hospital administration and staff, stating that the educational tour will have a lasting



60 Students from St Luke Jemedza, accompanied by 5 teachers, embarked on an extensive educational tour at CCH.

impact on the students' studies.

"I would like to sincerely thank the CCH Public Relations Officer and the hospital administration for allowing our pupils to come and learn more about X-rays and other medical technology.

The education you have imparted to them will go a long way and will help in their studies.

In future, we will do such educational tours every term."

Departmental Presentations during the visit, students were divided into groups and received presentations from various departments.

In the Radiology department, they learned about diagnostic procedures, radiation safety, and the dangers of radiation exposure.

In the School of Nursing, they were informed about the training programs and requirements for nursing careers.

Students expressed their appreciat-

ion for the tour, with Rutendo Mubaiwa commenting on the importance of radiation safety during scanning procedures. Simbarashe Magadzire showed interest in pursuing a medical career after learning about the haematology message.

The educational tour successfully achieved its objective of providing career guidance and inspiring students to explore opportunities in the medical field.

Editor's Note: THE CCH OUTLOOK will be issuing a Career Guidance Supplement in due course, covering all the schools visited by CCH presenters. The schools are Seke 2 High, Tangenhamo Primary, Zengeza 1 High, Nyatsime College, St Luke's Jemedza and Pathway Group of Schools.

SMILE KEEPERS



Find a reason to smile everyday...

Bible Scripture Suggestion: 1 John 5: 14-15

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CONGRATULATORY MESSAGE



Chitungwiza Central Hospital management and staff wish to extend their hearty congratulations to Dr Raphael Makota on his appointment as the substantive Chief Medical Officer for Chitungwiza Central Hospital.

The appointment which took effect on 5 June, 2024 sets this great health institution on a new trajectory of growth and diversity that the hospital will capitalize from Dr Makota.

CCH management, staff and stakeholders join his family in marking this major and important stride in his career path. We wish Dr Makota success in achieving all his aspirations. May God continue to bless, guide and bring fruit to his gifted hands.

Congratulations! Makorokoto! Amhlophe!